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"Quotes"

"I'm just ready. I'm tired and have gotten to the point that it's time to [change]."
~Ronnie Elmore

"The mark of a wise person is being able to reach beyond the truth, to admit they can learn more than they already know. A wise person doesn't string together the beads of unrelated events into a necklace simply to have something they wish to see. A wise person sees the truth even if it is something unexpected. That is the most beautiful necklace to wear -- the truth."
~Terry Goodkind

"I'll admit I was having a little trouble.... I wasn't failing or anything, but ... I wasn't living up to my potential. I was just going through the motions, just getting by[.]"
~Branden Ore

"Broken and Beautiful.... He heals and the scars are not meant to be hidden, they are proof of the journey."
~Debra Roberts

"You can't pay enough money to... cure that feeling of being broken and confused."
~Winona Ryder

"Anybody desirous of success should spend some time in introspection and contemplation."
~Sam Veda

Dear Friend,

Something's Broken! Now What?

I don't know about you, but there was a time in my professional life when things just seemed... broken.

My husband will tell you; it wasn't pretty!

The funny thing was that, outwardly, I was experiencing success. Inwardly, I was miserable.

In fact, my family even coined a syndrome after my experience. It's called, "The Sunday Night Blues". You see, each Sunday evening, at around 6:00 PM, my mood began to change as mentally I hunkered down for Monday morning. It was so noticeable that folks could set their clocks by me. Sad indeed!

Something was broken. My loved ones cared, and they gently (and sometimes not so gently) brought it to my attention, and I thank them for it. But, that's about all **they** could do. Only **I** could come to grips with the reality that something was wrong. Only **I** could understand why things were out of kilter. And, ultimately, only **I** could decide what I was going to do about it.

So, allow me to do for you what others did for me. It starts with a question: *"Is something broken?"*

- You may not know clearly what it is.
- You may know what it is, but not grasp fully the "why" of your sour situation.
- You may be ready to turn things around, but not know how.

Wherever you are, take heart. You can do this!

To help you start your journey, perhaps you could use a little help. Well, join me as I introduce you to a new offering in our **Straight Talk!** video series. I invite you to [click here](#) for some ideas about how to move forward when *Something's Broken!*

All the best,

June

June Melvin Mickens
Executive Advantage, LLC



The screenshot shows the Executive Advantage, LLC website. At the top is a green header with the company name. Below it is a blue navigation bar with the text "Building Thriving Businesses & Careers". On the left is a grey sidebar menu with links for Home, EA Solutions, EA Insights, Straight Talk!, About Us, News, Client Services, and Contact Us. The main content area features a video player with a blue background and the text "Straight Talk! Executive Advantage, LLC". Below the video player is a grid of nine small thumbnail images showing various business and personal scenes. At the bottom of the video player, there is a play button and a progress bar showing 0:00 / 9:01.

[Click Here](#)

About Executive Advantage

At **Executive Advantage**, we are committed to providing results-based business and management consulting, leadership development, and coaching support. We partner with business leaders to build healthy, well-functioning organizations, where goals are met and people thrive. We also partner with individuals to create professional (and personal) lives with clearer direction, improved results, and greater balance.

To learn more about **Executive Advantage**, contact us [online](#) or at (301) 280-5950.

